



# HOW TO TALK TO YOUR EYE DOCTOR ABOUT TYRVAYA®

Finding relief from dry eye starts with having a real conversation with your doctor. This discussion guide can help.

**Fill out the guide and bring it to your next appointment to get the conversation going.**

## TELL YOUR DOCTOR HOW DRY EYE IMPACTS YOU

Giving your doctor a clear picture of the day-to-day impact of your dry eye symptoms can help them determine if it's time for a treatment change.

### CONVERSATION STARTERS

**Some of my symptoms are:**

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**My symptoms prevent me from:**

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**On a typical day, my symptoms get better/worse when I...**

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### What is Tyrvaya® (varenicline solution)?

Tyrvaya is a prescription nasal spray used to treat the signs and symptoms of dry eye disease.

### IMPORTANT SAFETY INFORMATION

#### What are the possible side effects of Tyrvaya?

The most common side effects of Tyrvaya include sneezing, cough, and throat and nose irritation.

**Please see additional Important Safety Information on the next page. Click here for full [Prescribing Information](#) and discuss with your doctor.**





## DISCUSS YOUR CURRENT TREATMENT PLAN

If you currently have a treatment plan for dry eye, talk about what's working...and what's not.

**I have tried the following over-the-counter and/or prescription drops to treat my dry eye:**

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**My experience with the drop(s) I'm currently using to treat my dry eye is:** (skip if this does not apply)

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**Relief from my current treatment(s) lasts about:**

\_\_\_ MINUTES/HOURS/DAYS

**I have to use my treatment(s):**

\_\_\_ TIMES PER DAY



## ASK ABOUT TYRVAYA® NASAL SPRAY

You probably know a little bit about Tyrvaya by now, but it's important to get your eye doctor's take on it to find out if Tyrvaya is right for you.

### CONVERSATION STARTERS

- How does Tyrvaya work?
- How is Tyrvaya different from other treatments I've tried?
- How and when do I use Tyrvaya?
- How is it different from the way I would use other nasal sprays?
- What are the most common side effects of Tyrvaya?
- Could Tyrvaya be an option for me?
- Can you tell me about the Tyrvaya savings offer and patient support?

### DISCUSSION NOTES

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### IMPORTANT SAFETY INFORMATION (CONT'D)

#### Important information you need to know before using Tyrvaya

Tyrvaya is for use in the nose.  
Do not shake the bottles.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

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