

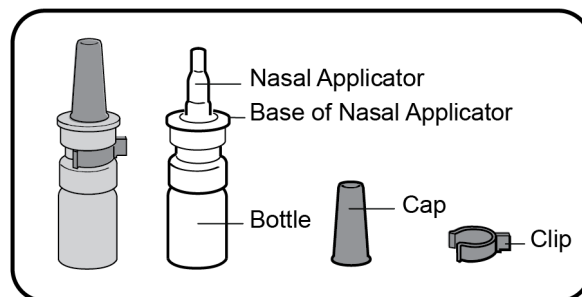
Instructions for Use
TYRVAYA® (Teer-vye-ah)
(varenicline solution)
nasal spray, for intranasal use

Read this Instructions for Use before you start using TYRVAYA and each time you get a refill. There may be new information. This information does not take the place of talking to your healthcare provider about your medical condition or your treatment.

Important information you need to know before using TYRVAYA:

- **TYRVAYA is for use in the nose.**
- **Do not shake the bottles.**
- The TYRVAYA carton contains enough medicine for 30 days.
 - Each carton has 2 glass nasal spray bottles.
 - Each nasal spray bottle has enough medicine for 15 days of treatment.
 - **Do not** open the second nasal spray bottle until you have used the entire first bottle.

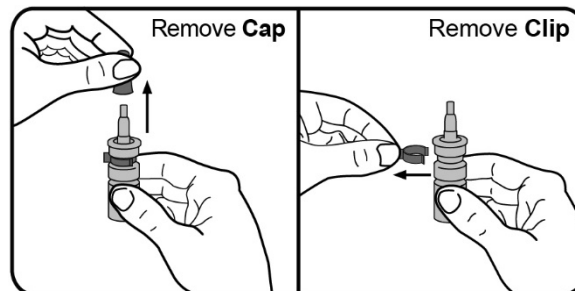
Parts of your TYRVAYA nasal spray:



Steps for priming TYRVAYA before first Use

Step 1. Remove the cap and the clip.

Do not throw away the cap or the clip. The cap and the clip will be placed back on to the nasal applicator after each use.

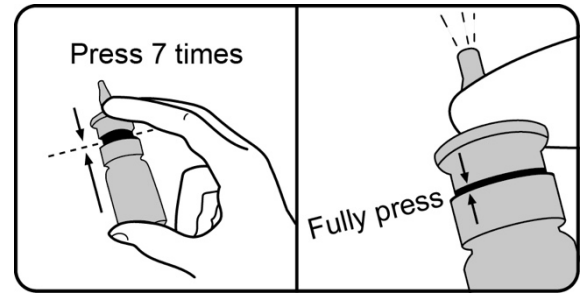


Step 2. Hold the nasal spray bottle upright and away from your face. Place 1 finger on each side of the base of the nasal applicator and place your thumb underneath the bottle.



Step 3. Prime the nasal spray bottle by **fully** pressing and releasing the nasal applicator 7 times with your thumb and fingers. **You may feel some resistance but be sure to press all the way down.** You may not see a spray released each time you press and release the nasal applicator. You should see a spray by the 7th time you press and release. Spray away from yourself and others.

TYRVAYA is now primed for use.



- **Reprime:** If you do not use TYRVAYA for more than **5 days**, you will need to reprime the nasal spray bottle with **1 spray** before you start using it. To reprime, hold the nasal spray bottle upright and away from your face and **fully** press and release the nasal spray applicator **1 time**.
- **Avoid priming the nasal spray bottle more than needed:** Priming the nasal spray bottle more than needed will reduce the amount of medicine in the nasal spray bottle.

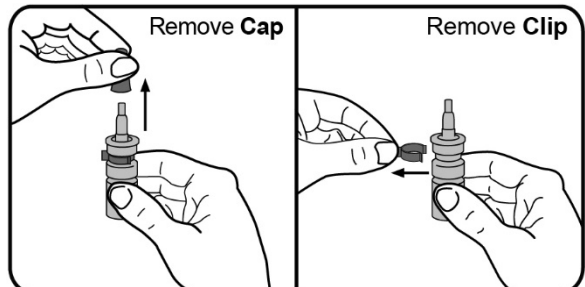
Steps for using TYRVAYA nasal spray after priming

Step 1. Blow your nose to clear your nostrils, if needed.



Step 2. Remove the cap and clip.

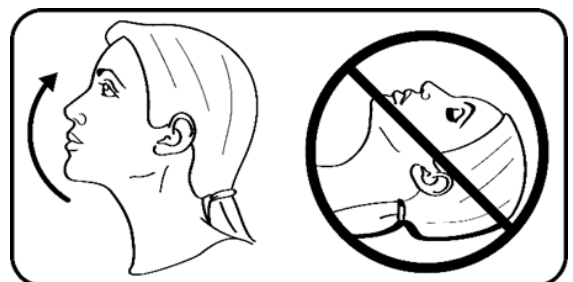
Do not throw away the cap or the clip. The cap and the clip will be placed back on to the nasal applicator after each use.



Step 3. Hold the nasal spray bottle upright. Place 1 finger on each side of the base of the nasal applicator and your thumb underneath the bottle.

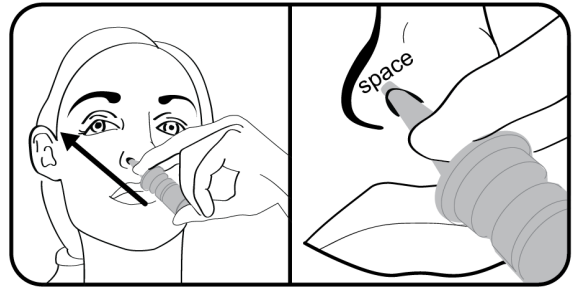


Step 4. Tilt your head back slightly without lying down.



Step 5. Insert the nasal applicator into the left or right nostril. Tilt the nasal applicator and point the tip of the nasal applicator towards the top of the ear on the same side as your nostril.

Do not press the tip of the nasal applicator against the wall of the inside of your nose. Leave a space between the tip of the nasal applicator and the wall of the inside of your nose.

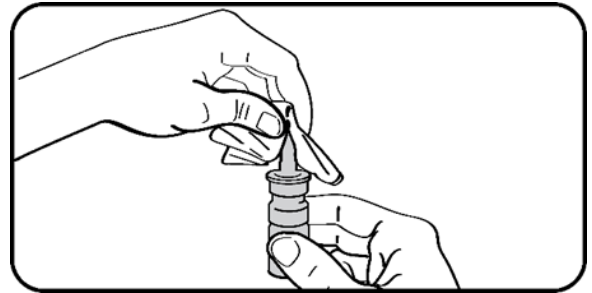


Step 6. Place your tongue to the roof of your mouth and breathe gently while **fully** pressing and releasing the nasal applicator **1-time** to release a spray into your nostril.

Repeat Steps 5 and 6 to deliver a second spray in the other nostril.

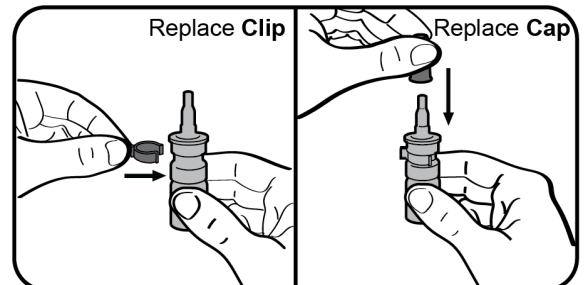


Step 7. Wipe the nasal applicator with a clean tissue.



Step 8. Replace the clip and the cap.

Repeat Steps 1 to 8 each time you use TYRVAYA.



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Revised: 2/2024

TYR-2024-0026 2/24